

High Cup Nick

to Murton Pike(1949ft)

## Notes

Dishes marked (GF) are gluten free.

Cross Fell (2930 ft)

Dishes marked (G) can be modified to be gluten free.

If you would like your food to be gluten free please ask your server

Dishes marked (V) are vegetarian

We cannot guarantee the absence of nuts in any of our dishes. All dishes can be prepared

allergen free please inform your server when ordering.

# **STARTERS**

Knock Pike (1306 ft)

Little Dun Fell (2762 ft)

Creat Dun Fell (2782 ft)

Seasonal soup with artisan bread	£6.5
Westmoreland black pudding, Catalan chorizo with a p	oached
egg & wholegrain mustard dressing	£8
Tempura king prawns with garlic mayo	£9.75
Chilli salt squid with an Asian salad (G)	£8.5
Twice baked Cumbrian cheese soufflé	
with artisan bread (V)	£9
Cumbrian rope hung smoked salmon, Atlantic prawn a	nd
avocado, with lemon, black pepper and melba toast	£9
Halloumi Fries with sweet chilli dipping sauce	£7.5

# **MAINS**

Moroccan spiced chickpea tagine with Herb cous-cous	£13
Cumbrian chicken ballotine with parmentier potatoes & a	à
peppercorn sauce	£16
Seared calf liver, smoked bacon rosti, caramelised onions	s,
Tenderstem broccoli and a red wine jus	£16
Crispy pork belly, mashed potato, market vegetables, bla	ick
pudding and cider gravy	£15.5
Shredded shoulder of lamb, Dauphinoise potatoes,	
tender stem broccoli and rosemary gravy (GF)	£16.5
Honey roast duck leg, spiced plum puree, braised red	
Cabbage, dauphinoise potatoes and red currant sauce	£16.5
Chipotle chicken kebab, naan bread, lemon and black	
pepper mayo, salad and peri-peri chips	£15.5

### Grill

8oz Sirloin 10oz Ribeye £23

All served with mushroom, tomato & chips

Surf & Turf - 8oz sirloin steak with grilled freshwater king prawns, handcut chips (GF) £28

Peppercorn or blue cheese sauce (GF) £4

# **SIDES**

Handcut Chips

#### Bridge coleslaw Market vegetables Creamy mash potato Peppercorn or Blue cheese sauce All at £4 Mixed salad £6

# Fish Mains

Freshwater king prawn linguine with a garlic, red pepper	
& chilli kimchi sauce	£19
Large chilli salt baby squid with Asian salad ( <b>G</b> )	£16
North sea Haddock, handcut chips & crushed peas ( <b>G</b> )	£14.75
Fillet of Sea Bass with crushed new potatoes,	
seasonal green & a parsley cream	£18
Fillet of smoked haddock, lemon and herb risotto and	
poached hens egg	£16.5

## **Desserts**

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	Sticky toffee pudding with	
	ice cream	£7
	Eton Mess	£7
	Cherry Bakewell blondie	£7
	Apple crumble with vanilla	
	custard	£7
	Chocolate brownie with	
	vanilla ice cream	£7
	Chocolate fondant with	
	vanilla ice cream	£7.5
	Warm ginger sponge	£7